

Basic Butter Cake

Total ingredient (raw) weight: 835.30 g

Total (cooked) weight: 743.42 g

Weight change: -11.00 %

Nutrition Information		
Servings per package:	7.00	
Serving size:	104.00 g	
	Average Quantity per Serving	Average Quantity per 100 g
Energy	1620 kJ	1560 kJ
Protein	7.0 g	6.8 g
Fat, total	16.9 g	16.2 g
- saturated	10.5 g	10.1 g
Carbohydrate	50.7 g	48.7 g
- sugars	23.4 g	22.5 g
Sodium	427 mg	411 mg

Ingredient name: Butter, salted 04A10060					
Amount: 125.00 g					
Energy:	3036 kJ	Fat, total:	81.5 g	Carbohydrate:	0.0 g
Protein:	1.1 g	Fat saturated:	53.8 g	Sugars:	0.0 g
Sodium: 776 mg					
Ingredient name: Sugar, white, granulated or lump 12A10050					
Amount: 156.00 g					
Energy:	1700 kJ	Fat, total:	0.0 g	Carbohydrate:	100.0 g
Protein:	0.0 g	Fat saturated:	0.0 g	Sugars:	100.0 g
Sodium: 0 mg					
Ingredient name: Vanilla, artificial, extract, alcohol free 10F60072					
Amount: 5.00 ml Specific gravity: 0.87					
Energy:	245 kJ	Fat, total:	0.0 g	Carbohydrate:	14.4 g
Protein:	0.0 g	Fat saturated:	0.0 g	Sugars:	14.4 g
Sodium: 3 mg					
Ingredient name: Egg, chicken, whole, raw 03A10044					
Amount: 110.00 g					
Energy:	553 kJ	Fat, total:	9.0 g	Carbohydrate:	0.3 g
Protein:	12.7 g	Fat saturated:	3.1 g	Sugars:	0.3 g
Sodium: 134 mg					
Ingredient name: Milk, cow, fluid, regular fat (fat approximately 3.5%) 09A10163					
Amount: 165.00 ml Specific gravity: 1.03					
Energy:	291 kJ	Fat, total:	3.4 g	Carbohydrate:	6.2 g
Protein:	3.4 g	Fat saturated:	2.2 g	Sugars:	6.2 g
Sodium: 36 mg					
Ingredient name: Flour, wheat, white, self-raising 02A20062					
Amount: 270.00 g					
Energy:	1484 kJ	Fat, total:	1.2 g	Carbohydrate:	72.1 g
Protein:	10.8 g	Fat saturated:	0.2 g	Sugars:	0.0 g
Sodium: 695 mg					

NOTE: All nutrient values shown above for these ingredients are per 100g EP

Working values may differ from final NIP due to rounding.

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